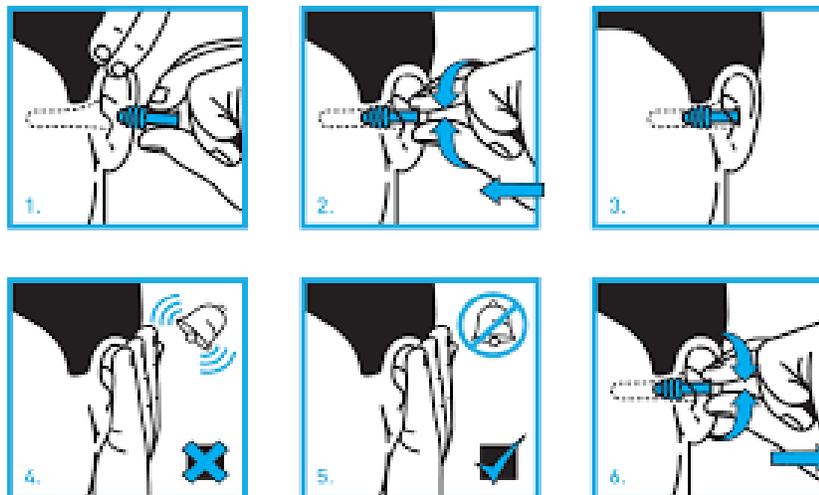


## Reusable Earplug User Instruction

### HOW TO INSERT EARPLUGS

In order to achieve the best results, the earplugs must be inserted and used in accordance with the following instructions. Your hands and the earplugs themselves must be clean during handling. Check that the earplugs do not show any signs of damage before using them.

- a. Hold the earplug between your fingers of the hand.
- b. Reach over your head and pull up to open ear canal.
- c. With other hand grasp plug handle and gently push and rock into ear canal until a good seal is achieved.
- d. Once inserted, test the earplugs in a noisy environment by cupping both hands over your ears and releasing. If the earplugs are correctly fitted, they should block enough noise so that covering them with your hands will not result in a significant difference.
- e. If proper fit is not obtained, repeat steps a., b., and c. until desired results are achieved.
- f. In case of corded earplugs, the connecting cord should fall down naturally. Be sure that the cord isn't tangled with any obstacle or glasses.



### HOW TO REMOVE EARPLUGS

Simply pinch the earplug between your thumb and index finger, and gently pull outward.

### CLEANING AND STORAGE

- a. Keep the earplugs clean and free from material that can irritate the ear canal.
- b. Earplugs may be washed in warm water and allowed to air dry. Washing may be repeated several times, but we recommend replacement every 2-4 weeks. Hydrocarbon based solvents, such as alcohol, should not be used to clean reusable ear plugs. The use of such solvent based cleaners may cause reusable plugs to soften, swell, and weaken with time. Additionally, with extended use, reusable plugs must be regularly inspected for serviceability.
- c. Store the earplugs in a cool and dry place. Store them out of the reach of children.